



Aiming for Excellence

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Helene Jørgensen leaves the Biathlon Alberta Training Centre to focus on her academic career.

Biathlon Alberta Training Centre (BATC) Assistant Coach Helene Jørgensen will leave the BATC after this season to focus on finishing her PhD in sport psychology and coaching at the Faculty of Kinesiology, Sport, and Recreation at the University of Alberta.

Jørgensen says about her departure, “it is with heavy coaching hear that I’m stepping away from my assistant coach position with BATC. This season exceeded my expectations.” She further said “I feel very grateful being a part of these up-and-coming biathletes’ journey in high-performance sport.”

Jørgensen coached only for one season with the BATC but will remain in touch with the team to work on a mental training program.

Biathlon Alberta’s General Manager, Elmar Heger, said “seeing Helene leave the BATC at the end of the season is a loss for the program but I thank her very much for all her work and dedication to the athletes and the program and wish her all the best in finishing her PhD.”

For more information, please contact Biathlon Alberta’s General Manager, Elmar Heger: elmar@biathlon.ca

About Biathlon Alberta:

Biathlon Alberta is the governing body for the Olympic winter sport of biathlon in the province of Alberta. The mission of Biathlon Alberta is to promote, develop, and administer biathlon to the highest standard of excellence. Biathlon Alberta was incorporated in 1990.

About the Biathlon Alberta Training Centre:

Biathlon Alberta, Alberta’s provincial governing body for the sport of biathlon, created the Biathlon Alberta Training Center (BATC) in April of 2011. The BATC is located in the mountain town of Canmore, Alberta; home of Biathlon Canada. The purpose of the BATC is to provide focused year-round training to committed biathletes aged 18-23 years. BATC provides comprehensive biathlon programming in order to facilitate the transition from club based/provincial athlete onto Canada’s National Biathlon Teams. BATC is proud to be one of two Biathlon Canada’s officially recognized training centers.

