



**Biathlon Alberta
Invites you to attend**

Calforex Biathlon Cup #1 Sprint and Short Individual November 26 & 27, 2022

Selection event for: Canada Winter Games 2023

COVID-19 could present new challenges; this invitation is subject to change and/or cancellation.

Coaches will be updated if the situation evolves or changes.
It is recommended to wear a mask while indoors.

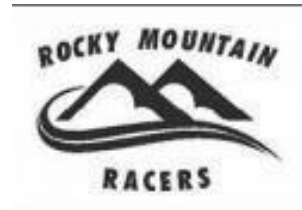
Categories

Men, Women
Junior Men/Women
Youth Men/Women
Master Men/Women
Para Biathletes
Sport Men/Women/Non-Binary
Adult Rec Men/Women
Senior Boys/Girls
Dev. 2 Boys/Girls
Dev. 1 Boys/Girls
Eco Aim Open Boys/Girls
Eco Aim U13 Boys/Girls

**2019 IBU rules and
2022 Biathlon Alberta Hosting Policy and any applicable COVID-19 protocols and modifications**

Canmore Nordic Centre Provincial Park, Biathlon Venue
1988 Olympic Way, Canmore, Alberta, Canada, T1W 2T6

Hosted by: Calgary Biathlon Racers, Canmore Nordic Ski Club, Foothills Nordic Ski Club and Rocky Mountain Racers



Date: Oct 26, 2022

Hello Biathlon Families,

Foothills Nordic, Canmore Nordic, Calgary Biathlon Racers and Rocky Mountain Racers

warmly welcome you to the
Canmore Nordic Centre
for the

**Calforex Biathlon Cup #1
on
November 26 & 27, 2022**

The Race Committee is excited for 2022 races and very committed to creating a safe environment and providing a meaningful biathlon competition for our youth and developing athletes (race formats may not be standard). Some of the event protocols may change, and we sincerely hope you understand the situation and respectfully ask for your support.

Range and ski passes for the extra days prior to and after the event may be purchased at the Day Lodge at the Canmore Nordic Centre. All range use must be booked by emailing cnc.biathlon@gov.ab.ca for the days prior to November 25, 2022. Only Range Safety Officers registered with the Canmore Nordic Centre are able to reserve lanes. You must also have a Range Safety Officer on site during your practice time and that can be arranged through contact with our organizing committee. If you are coming early, please drop us a note to let us know. We will do what we can to help or support you.

Trevor Baine, Organizing Committee Chair
tbaine@gmail.com, 403-819-7885

**Calforex Biathlon Cup #1
on
November 26 & 27, 2022**

Race Committee:	
Organizing Committee Chair	Trevor Baine
Competition Lead	Carol Henley
Competition Lead Deputy	Justin Siemens, Karin Kaarsoo
Timing Lead	Jason Nishiyama
Timing Lead Deputy	Bob Raina
Course Lead	Kirsten Kaarsoo
Course Lead Deputy	Lyle McLeod, Brendon Jones, and Francine Taylor-Gobeil
Stadium Lead	Patrick Fradette
Stadium Lead Deputy	Paul Tourigny, John Grappolini
Range Lead	Todd Runnalls
Range Lead Deputy	Scott Chisholm and Eeva Harrop
Competition Secretary	Valerie Brisebois, Camille Hemingson
Competition Secretary Deputy	Jenny-Lyn Keene
Volunteer Coordinator	Tammy Stushnoff
Technical Delegate	Bernie Gobeil

Questions should be directed to Competition Lead at : Carol Henley henleyfa@nucleus.com

Eligibility to Compete:

Competitors must be prepared to show a membership card or otherwise demonstrate proof of such membership of Biathlon Canada for the current year as part of the event registration and entry process. For Canadian Citizens, it is mandatory that all athletes have in their possession, and be able to show upon request, their PAL or their Minor's Permit, which are firearms licenses issued by the Government of Canada.

Ammunition:

There is very limited to no availability of ammunition in Canmore, please be prepared to bring all your own ammo you will need.

REGISTRATION:

On-Line Registration on Zone4 will open November 1, 2022 at 20:00 . Go to www.biathlon.ca and follow the links. Payment must be made using a credit card (Visa or MasterCard). On line charge will apply.

Coaches will be required to register on Zone4.

On-line registration will close on **Sunday November 20, 2022 at 23:59 MST**. Please note the Sunday deadline - this is earlier than past events. No late registrations will be accepted.

Calforex Cup #1 will also be a trials event for the 2023 Canada Winter Games. All Alberta athletes that are born between 2003-2007 are eligible to qualify for the 2023 Canada Winter Games and must race in the **YOUTH** category for this race weekend.

ENTRY FEES*

Categories	One Competition	Two Competitions
Dev 2 Boys/Girls, Dev 1 Boys/Girls, Eco Aim Open Boys/Girls, Eco Aim U13 Boys/Girls	\$27.50 plus on-line charge	\$55 plus on-line charge
Men/Women, Junior Men/Women, Youth Men/Women, Para Biathletes, Senior Boys/Girls	\$45 plus on-line charge	\$90 plus on-line charge
Adult Rec Men/Women, Masters Men/Women, Sport Men/Women/Non-Binary	\$42.50 plus on-line charge	\$85 plus on-line charge

*Entry fees include \$5/day (IBU categories + Sr Boy/Girl) & \$2.50/day (Development & Masters categories) to cover snow storage or snowmaking. (ie: Frozen Thunder).

Entry fees for Calforex Cup #1 competitions include ski pass and range pass fees for the competition days for those athletes without an annual ski and range pass. Any other days will be the responsibility of the athlete.

The fines for skiing without a pass or using the range without a pass are very steep and are to be avoided. Season pass holders must have their passes available. Athletes without season passes will be provided their passes when their coach comes to pick up their team wax room key. The pass will be for the two-day event inclusively. No free replacements will be issued if the pass is lost.

You may purchase a new event pass from our biathlon event office.

Passes for any extra days can be purchased at the Day Lodge Guest Services Window from 9am to 5pm 7 days a week or season trail and range passes can be purchased online at <https://albertaparks.ca/parks/kananaskis/canmore-nordic-centre-pp/activities-events/cross-country-skiing/cross-country-ski-passes/#biathlon>

General Nordic Centre information can be found at: <https://albertaparks.ca/parks/kananaskis/canmore-nordic-centre-pp/>

Cancellation Policy in Effect: If the event is canceled due to prevailing conditions prior to the day of competition, competitors will receive a 50% refund by Biathlon Alberta on behalf of the hosting clubs. If the event is canceled on the weekend of the event due to cold weather, course conditions, or other unforeseen circumstances, no refund of registration fees will be made. If an athlete withdraws before the registration deadline then a \$10 processing fee will apply before a refund is sent.

COMPETITIONS:

Saturday –Sprint (IBU Rules and Alberta Hosting Policy)

Sunday – Short Individual (IBU Rules and Alberta Hosting Policy)

COMPETITION OFFICE:

**** New for 2022**** Located in the Day Lodge. Open Friday 1600-17:30, Saturday 0800-1700, Sunday 0800-1700. Open Hours subject to change.

Competition Leads Office, Jury Room, Radio Room will be located in the Bill Warren Training Centre, Room A.

VOLUNTEER CHECK-IN:

Will be located in the office in the Day Lodge.

WAX ROOMS:

The wax room building is situated next to the wax testing area and the biathlon stadium. There is a refundable deposit of \$100 (cash or cheque only) for the key(s) to the wax room. The daily fee for use of the wax room is included with registration for the event days only. Athlete numbers will determine room assignment. E-mail Carol Henley henleyfa@nucleus.com with your request indicating number of athletes, staff, and arrival time/date. We will do our best to accommodate your needs.

Note 1: Biathlon Alberta Hosting Policy Section 1.7 will apply:

1.7 WAXING REGULATION In order to minimize the costs associated with waxing for clubs and families and to allow coaches to spend more time with their athletes on race weekends, all Alberta Cup and Alberta Provincial Championship events shall be subject to the following Waxing Regulation: Fluoro waxes of any variety (high, medium, low), high fluoro speed blocks, and powders are not allowed. The use of hand structure on skis is allowed.

TIMING:

Transponders, Summit systems and the Kurvinen target system will be used during this event to provide the results.

FIRST AID

First Aid will be located in a trailer close to the Range. If construction in the area necessitates a location change, the new location for First Aid will be communicated at the Team Captain's meeting.

RANGE ACCESS:

The Canmore Nordic Centre is under construction in the Biathlon area, (soon to be a fabulous new Biathlon building!) Please be prepared to park in the upper parking lots and carry your gear to the range. The tunnels are gone, and it is possible muddy conditions will exist between the parking area and the course. Please follow all signage on site, and do your best to preserve our early season snow.

EVENT SCHEDULE FOR CALFOREX CUP #1, November 26 & November 27, 2022

The Team Captains Meeting will be held virtually on Thursday November 24 at 7:00 pm. There will be any last minute updates due to Covid, Construction, Course Access, and Courses. Coaches/ Team Captains will be required to disseminate this information to participants, as well as help manage participants, during the event, according to these procedures.

November 24, 2022		
Thursday	1900 – Virtual Team Captains Meeting	Jury selection, race format review, course information, any last minute updates
November 25, 2022		
Friday	1300 -1630 - Optional training for prospective Canada Winter Games athletes only	
Friday	1600 Office open in Day Lodge	Pick-up trail passes, wax room keys
November 26, 2022		
Sprint Competition		
Saturday	0800 Office open in Day Lodge	Bib pickup by team representative
Saturday	0845 Equipment Check Opens	rifles checked for trigger & number, leg numbers
Saturday	0900-0945 Zero AM Classes	
Saturday	1000 - Sprint Start AM	Men/Women, Jr Men/Women, Youth Men/Women, Masters Men/Women *Sr Boys/Girls TBA
Saturday	1200 - Awards for AM Categories	approx time- Outside the day lodge - flag row
Saturday	1200 - Eco Aims & Para Set-Up/ PM Competition Set-Up	
Saturday	1230 - Eco Aim & Para Zero	
Saturday	1300 - Eco Aim & Para Sprint Race	
Saturday	1300 - Equipment check opens	Rifles checked for trigger & number, leg numbers
Saturday	1330-1415 Zero PM Classes	
Saturday	1430 - Sprint Start PM	Dev 1 Boys/Girls, Dev 2 Boys/Girls, Adult Rec Men/Women, Sport Men/Women/NonBinary
Saturday	1600 - Awards for afternoon categories	approx time - Outside the day lodge - flag row
November 27, 2022		
Short Individual Competition		
Sunday	0800 Office open in Day Lodge	Bib pickup by team representative
Sunday	0845 Equipment Check Opens	Rifles checked for trigger & number, leg numbers
Sunday	0900-0945 Zero AM Classes	
Sunday	1000 - Short Individual Start AM	Men/Women, Jr Men/Women, Youth Men/Women, Masters Men/Women *Sr Boys/Girls TBA
Sunday	1200 - Awards for AM Categories	approx time- Outside the day lodge - flag row
Sunday	1200 - Eco Aims & Para Set-Up/ PM Competition Set-Up	
Sunday	1230 - Eco Aim & Para Zero	
Sunday	1300 - Eco Aim & Para Sprint Race	
Sunday	1300 - Equipment check opens	Rifles checked for trigger & number, leg numbers
Sunday	1330-1415 - Zero PM Classes	
Sunday	1430 - Short Individual Start PM	Dev 1 Boys/Girls, Dev 2 Boys/Girls, Adult Rec Men/Women, Sport Men/Women/NonBinary
Sunday	1600 - Awards for afternoon categories	approx time - Outside the day lodge - flag row

***Schedule and classes may change due to weather conditions and number of registered participants.**

The Organizing committee reserves the right to change the event schedule as needed. Every effort will be made to alert participants of changes through the Biathlon Alberta Website and social media pages.

COURSE MAPS:

Course Maps will be provided upon arrival. Courses used will be dependent on the natural snow and the condition of the man-made snow provided by the Nordic Centre. CNC staff will provide the best case given conditions available for our event.

Ski Distances & Shooting Sequences:

<u>IBU CLASSES:</u>	AGE	Sprint	Sprint Sequence	Short Individual	Individual Sequence
Men	22+	10 km	PS	15 km	PSPS
Women	22+	7.5 km	PS	12.5 km	PSPS
Junior Men	19-21	10 km	PS	12.5 km	PSPS
Junior Women	19-21	7.5 km	PS	10 km	PSPS
Youth Men	15-18	7.5 km	PS	10 km	PSPS
Youth Women	15-18	6 km	PS	7.5 km	PSPS
<u>Calforex Classes Alberta:</u>	AGE	Sprint	Sprint Sequence	Short Individual	Individual Sequence
Master Men	35+	6 km	PS	7.5 km	PSPS
Master Women	35+	6 km	PS	6.25 km	PSPS
Sport Men/Women/NonBinary	17+	6 km	PS	6.25 km	PSPS
Adult Rec Men/Women	17+	3.75 km	PP	5 km	PPP
Senior Boys/Girls	Under 17	6 km	PS	6.25 km	PSPS
DEV-2 Boys/Girls	Under 17	3.75 km	PP	5 km	PPP
DEV-1 Boys/Girls	Under 17	3 km	PP	4 km	PPP
<u>EcoAim Competitions:</u>	AGE	Sprint	Sprint Sequence	Sprint	Sprint Sequence
Para Biathletes		TBA	PP	TBA	PP
EcoAim Open Boys/Girls	Under 17	3 km	PP	3 km	PP
Eco Aim U13 Boys/Girls	Under 13	2.25 km	PP	2.25 km	PP

RIFLE CARRYING:

- Senior Boys and Girls categories will carry their rifles only on the range (see non-carry procedure in Annex A-3 of the Canadian Hosting Policy <http://biathloncanada.ca/wp-content/uploads/2019/03/Canadian-Hosting-Policy-NEW-TEXT-RED-2019-02-28-1.pdf>) and will shoot in the prone and standing positions.
- Non-carry procedures will be done by the clubs for their athletes.
- Masters, Adult Rec. and Sport Men/Women/Non-Binary must indicate to the OC 30 minutes before ZEROING, if they are NOT carrying and therefore, using the non-carry procedure so rifle racks can be provided at the entrance of the range.
- Dev. 1 and 2 categories will have their rifles placed on the mat by their coaches and will shoot only in the prone position.

Required Loops by Competition Type

Comp	4km	3.3km	3km	2.5km	2km	1.5km	1.25km	1km	750m
Sprint		✓		✓	✓		✓		
Short Individual			✓	✓	✓	✓	✓	✓	
Colour	Brown	Blue	Yellow	Green	Red	Orange	Pink	Black	Purple

AWARDS:

Awards will be presented outside the Day Lodge on flag row after final results are posted for AM and PM classes. Medals will be presented to the first three finishers in all categories, regardless of the number of competitors. Calforex Cup winners will be awarded points to count towards the overall total of the Calforex Cup for eligible categories, and points are awarded separately to boys and girls. The exception to this is the Eco-Aim categories in which participating athletes will all be awarded a prize at completion of the race and no medals will be awarded. Points will not be awarded for Eco-Aims. Results for the Eco Aim Races will be published in alphabetical order.

Veli Niinimaa Clean Shooting Awards: Every athlete that has at least one clean shooting bout will be awarded a Banff Mountain Chocolate Bear Claw, generously sponsored by Banff's **Mountain Chocolates**. To the whole team at Banff's **Mountain Chocolates**, Thanks for your support!



CANMORE NORDIC CENTRE:

There is food service at the Day Lodge with hot and cold food for purchase. Pack a lunch or use the food service at the Day Lodge. There are toilets and coin-operated showers in the wax room areas and the Day Lodge but you must bring your personal towels and supplies.

Rifles must be in a case while in the parking lot or on the back of the athlete via a carry harness.

****Please note the Biathlon area of the Canmore Nordic Centre is under construction. Please park in the upper parking lots and be prepared to carry your gear to the range. Please respect all on-site signage for access to range and facilities.**

PARKING:

Please park only in the upper parking lots.

KANANASKIS CONSERVATION PASS:

The Canmore Nordic Centre Provincial Park is part of the Kananaskis Parks area and a **Kananaskis Conservation Pass is required** to park and use the facilities. CNC staff have asked that all participants purchase the Conservation Pass online, and prior to coming to the event since they don't have the staff capacity to process passes on site. The Kananaskis Conservation Pass is \$15/vehicle/day or \$90/2 vehicles/year and can be purchased here:

<https://www.alberta.ca/kananaskis-conservation-pass.aspx>

ACCOMMODATIONS:

Canmore offers a wide variety of hotels, condos, suites, vacation rentals and B&Bs. Visit www.canmorealberta.com, <http://www.tourismcanmore.com>, or www.canmorehotels.com to see the local hotels and amenities available.

LOCATION:

<https://www.google.ca/maps/place/Canmore+Nordic+Centre/@51.0903395,-115.3877238,17z/data=!3m1!4b1!4m2!3m1!1s0x5370cf52096c28eb:0xf726180e425ae50?hl=en>

Calgary International Airport is 122 Km from the Canmore Nordic Centre. The new Ring Road (Stoney Trail) is the fastest way to get to and from the airport, avoiding numerous lights and traffic in Calgary. All Car Rental agencies are available at the airport.

Driving time from Calgary is 1.3 hours in good weather on excellent four-lane highways. Edmonton to Canmore is 4.5 hours.