

## **Reid Lovstrum**

**Name:** Reid Lovstrom

**Birthdate:** October 12, 2000

**Hometown:** Calgary

**First Biathlon:** Grade 7

**Favorite event:** Sprint

### **What is your superpower?**

Being able to eat food and not gain weight.

### **Where is your "happy place"?**

At home and in bed.

### **Proudest moment as a biathlete:**

Coaching a kid for well over a year, them hating it every step of the way, having them podium, and fall in love.

### **When I'm not training I like to...?**

Regret not having a nap.

### **What is your favorite band/song?**

Anything by AJR

### **What is your dream job?**

Search and rescue.

### **What's the best and worst piece of advice you've ever received?**

"Pour coffee in your cereal to save time during your morning routine"

### **What is the craziest thing you've ever eaten?**

Cereal with coffee instead of milk