## 2017 ABC Biathlon Training Camp August 7-12, 2017 Canmore, AB

The **Alberta Biathlon Club's** annual **Biathlon Training Camp**, will take place in Canmore from August 7 to August 12. The camp is open to male and female athletes, ages 14 to 16 who are proficient at roller skiing and are presently competing at the Senior Boys/Girls level, moving into Senior Boys/Girls next season and Youth. The camp will build on the traditions of Alberta's oldest biathlon camp to include training with some of Canada's best coaches at a world class facility.

**Dates:** 12:00 August 7 - 13:00 August 12, (Monday to Saturday)

**Location:** Canmore, Alberta. Accommodations at the Alpine Club of Canada Clubhouse

**In the Program:** Skills evaluation, rifle fitting, prone and standing work, precision shooting, dry firing ideas, roller skiing, running, workshops and mental training.

**Recreational Activities:** Swimming, Hiking, Climbing, campfires.

**Ages:** Participants must be 14 as of August 1, 2017 and no older than 16 on August 1, 2017. Biathletes who do not fit between these ages are encouraged to consider the Camrose Summer Biathlon Camp. Info can be found at: https://www.ualberta.ca/augustana/athletics/youth-programs/biathlon

**Equipment:** .22 cal rifle, ammo (800 rounds), running shoes, roller skis, boots and poles, CSA approved helmet, water bottle, medication as required, sunglasses and whatever else you need to enjoy yourself during 6 days and 5 nights of training.

**Cost:** \$595 per participant plus Zone4 online registration fee

## Registration:

Limited to 25 athletes. Registration opens March 1, 2017 to Alberta based athletes only. Registration opens March 14 to all eligible athletes. Out of province or country are welcome to attend. If the camp is sold out, priority will be given to Alberta based athletes on the waitlist.

Participants must be a member of their provincial biathlon association. ABC membership and range passes, if needed, are included.

Registration: www.zone4.ca

For More Information contact: info@albertabiathlon.com

NOTE: The Biathlon Canada/Alberta memberships expire on March 31, 2017 and renewal may not be active on zone4 prior to registration. Membership/Renewal is not required prior to registration but is mandatory before the start of the camp due to insurance.

Detailed Information will be forwarded to registrants in July.