



Invitation to the
**Western Canadian Championships
&
Alberta Provincial Championships**

February 19, 20 & 21

Hinton, Alberta

Hosted by the **Hinton Nordic Skiers**

The community of Hinton and the Hinton Nordic Skiers invite you to a weekend of competition at the Hinton Nordic Centre. Come and take part in this year's Western Canadian Championships and Alberta Provincial Championships combined as athletes from all over converge on to our trails. This race will also be the last in our Calforex Cup Series.

See you at the Hinton Nordic Centre.

Chief of Competition
Louis Corbeil
rdlc@telusplanet.net
780-865-1037

**Government
of Alberta**

Alberta
Freedom To Create. Spirit To Achieve.

**ALBERTA
SPORT, RECREATION
PARKS & WILDLIFE
FOUNDATION**

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FOREIGN CURRENCY SERVICES

Eligibility

All members of Biathlon Canada Divisions with a 2009-2010 competitor membership card, are eligible to participate in the classes as authorized by the IBU rules and Canadian/Western/Alberta Hosting Policies (June 2009). Foreign athletes may also compete, provided they are members of their respective National Biathlon Federation. Foreign athletes are not, however, eligible for medals.

Medal Categories

This event combines the Western Canadian Championships and the Alberta Championships. Both the Sprint and Individual competitions will award medals for both championships. Please be aware of the following:

- Alberta Provincial Championship categories include all categories listed on the Page 7 table. Athletes in these categories will also receive Calforex Cup points as per Calforex Cup policy.
- Western Canadian Championship medals are *not* awarded to the following categories: Novice, all Open Rec categories, Master Men 45+, Master Women 45+.
- Western Canadian Championship medals will be awarded to the top three Master Men and top three Master women *without regard* to their 35+ or 45+ designation. Masters are therefore encouraged to register in their usual Calforex Cup category.

Organizing committee

Technical Delegate for Biathlon Canada: Veli Niinimaa

Competition Chief – Louis Corbeil

Chief of Timing –Greg MacCulloch

Chief of Course – Keith Campbell

Chief of Stadium – Chris Leipe

Chief of Range – Doug Eccleston

Chief of Controllers/Penalty Loop – Dave Schroeder

Competition Secretary – Lori Strytveen

Volunteer Coordinator – Rhonda Degerstedt

Questions should be directed to Louis Corbeil at rdlc@telusplanet.net

Phone 780-865-1037

Registrations online at <http://www.zone4.ca>

Note: changes in weather or facilities may change the type of competition.

Back up site: None

Registration online only - no cheques, team lists, or manual entries.

Register online @ www.zone4.ca – Event Registration

No fax, e-mail, or phone registrations will be accepted.
Should the Event be canceled, refunds will be provided minus online service charge.

**Registration will open February 3rd.
REGISTRATION DEADLINE is February 16 at midnight.**

Competitions: Individual and Sprint

Registration Fees:

Masters, Men, Women, Junior Youth, Senior Boys/Girls:

\$30 per race, plus on-line service charge (includes trail passes for official training day and two competition days)

Juvenile Boys/Girls, Midgets Boys/Girls, Novice, Open Rec.:

\$22 per race, plus on-line service charge (includes trails pass fees for official training day and two competition days)

Banquet tickets can be purchased for \$24 per person and \$18 for children 15 years old and younger. Doors open at 5:30.

Schedule of events:

Friday, February 19:

- 10:00 Official practice for all competitors (Race maps will be posted)
- 13:00 Range opens (**Please supply your own paper**)
- 16:00 Range closed
- 19:30 Coaches meeting at École Mountain View School
(See address and directions below)

Saturday, February 20:

Morning Individual competition
8:30 Competition Office Opens – Bib pickup
9:30 Zero begins
10:30 Zero ends
10:45 Competition begins

Afternoon Individual competition for air rifle categories

12:30 Zero for air rifles

13:15 Air rifle competition

Air rifle category zero time and race time are subject to change.
Coaches will be advised at the meeting.

Evening Awards banquet will be held at the Hinton Legion for competitors, family members, volunteers and friends. Directions and prices will follow.

Doors open at 5:30

Gernot Kostera Award at 5:45

Supper at 6:00

Awards at 7:15

Sunday, February 21:

Morning Sprint competition
8:00 Competition Office Opens – Bib pickup, etc.
8:15 Coaches meeting
9:00 Zero begins
10:00 Zero Ends
10:15 Race begins

Afternoon Sprint competition for air rifle categories

12:00 Air rifle zero

12:45 Air rifle competition

Air rifle category zero time and race time are subject to change.
Coaches will be advised at the meeting.

Awards will follow the air rifle race.

Cancellation Policy:

If an event is canceled prior to the weekend of competition (Thursday or earlier) due to anticipated or prevailing weather conditions, competitors will receive a 50% refund of registration fees from HNS. If competitions are postponed or cancelled on the weekend of the event, no refund of registration fees will be made.

Accommodations: Please refer to the Town of Hinton web site for information on accommodations and restaurants: www.hinton.ca

Meals: There will be a canteen on site during both race days.

Water: Please ensure you bring sufficient water for the day. **There will be some drinking water on site.**

Waxing: We have a waxing room on site. Pluggins can also be found around the main chalet. No wax benches available.

Competition office: Located in the timing hut across from the main chalet.

Stadium and race course maps: Will be provided at the coaches meeting and will be posted at the chalet Friday morning.

How to get to Athabasca Lookout Nordic Centre?

Head west out of Hinton on Hwy. 16 (Jasper direction)
Turn right on Hwy. 40 (Grande Cache direction)
Look for the sign, about 10 km after turn on to Hwy.40
Turn left 1 km after sign
Once on the gravel road, take first right
Please back in to parking space

École Mountain View School: Located at 141 MacLeod Ave. As you come in to Hinton (west bound) turn left on Switzer Ave. (at the first set of lights). Take your second right. You are now on Macleod Ave.

Penalties: Masters, Open Rec, Novice, Junior Boys/Girls, Juveniles & Midgets ski a 100m penalty loop. All other classes ski a 150 m penalty loop.

Rifle Carrying:

Please refer to the Hosting Policy for category descriptions.

Air Rifles: Please refer to the Hosting Policy for category descriptions.

Categories: Master 45+ is not a Western Canadian Championship category. For purposes of awarding Western Canadian Championship medals only, Master 35+ and Master 45+ will be combined.

Classes & Types of Competitions

Class	Age	Individual	Sprint
Men	21+	18.75 km PSPS	10 km PS
Women	21+	15 km PSPS	7.5 km PS
Junior Men	19 – 20	15 km PSPS	10 km PS
Junior Women	19 – 20	12.5 km PSPS	7.5 km PS
Youth Men	17 – 18	12.5 km PSPS	7.5 km PS
Youth Women	17 – 18	10 km PSPS	6 km PS
Senior Boys/Girls	15 – 16	7.5 km PSPS	6 km PS
Junior Boys/Girls	13 – 14	6 km PPP	4 km PP
Masters Men	35+	10 km PSPS	6 km PS
Masters Men	45+	10 km PSPS	6 km PS
Masters Women	35+	7.5 km PSPS	6 km PS
Masters Women	45+	7.5 km PSPS	6 km PS
Open Rec.(mixed)	30+	10 km PSPS	6 km PS
Open Rec.(mixed)	17+	5 km PSPS	4 PS
Air Rifles			
Juvenile Boys/Girls	11 – 12	5 km PPP	3.25 km PP
Midget Boys/Girls	9 – 10	4 km PPP	2.25 PP
Open Rec.(mixed)	30+	10 km PPPP	6 km PP
Open Rec.(mixed)	17+	5 km PPPP	4 km PP
Novice(mixed)	13 – 16	4 km PPP	3.25 km PP

Course colours

0.75km	-	Pink (Yes this loop crosses over as you exit)	P
1.25km	-	Yellow	Y
2.00km	-	Red	R
2.5km	-	Blue	B
3.75km	-	Green	G

Saturday – Individual		
Class	Distance Shooting positions	Course
Men	18.75km PSPS	G – G – G – G - G
Women	15km PSPS	G – G – B – B - B
Junior Men	15km PSPS	G – G – B – B - B
Junior Women	12.5km PSPS	B – B – B – B - B
Youth Men	12.5km PSPS	B – B – B – B - B
Youth Women	10km PSPS	R – R – R – R - R
Senior B/G	7.5km PSPS	B – Y – Y – Y - Y
Junior B/G	6km PPP	Y – Y – Y - Y
Master Men (35+ & 45+)	10km PPSS	B – Y – Y – Y - Y
Master Women (35+ & 45+)	7.5km PPSS	B – Y – Y – Y - Y
Open Rec. (mixed) 30+	7.5km PPSS	B – Y – Y – Y - Y
Open Rec. (mixed) 17+	6.25km PPSS	Y – Y – Y – Y - Y
Air rifle category		
Juvenile B/G	4km PPP	Y – Y – P - P
Midget B/G	3 km PPP	P – P – P - P
Open Rec. (mixed) 30+	7.5km PPSS	B – Y – Y – Y - Y
Open Rec. (mixed) 17+	6.25km PPPP	Y – Y – Y – Y - Y
Novice (mixed) 13 - 16	4km PPP	Y – Y – P - P

Course colours

0.75km	-	Pink	P
1.25km	-	Yellow	Y
2.00km	-	Red	R
2.5km	-	Blue	B
3.75km	-	Green	G

Sunday - Sprint		
Class	Distance Shooting positions	Course
Men	10km PS	G - G - B
Women	7.5km PS	B - B - B
Junior Men	10km PS	G - G - B
Junior Women	7.5km PS	B - B - B
Youth Men	7.5km PS	B - B - B
Youth Women	6km PS	R - R - R
Senior B/G	6km PS	R - R - R
Junior B/G	4 PP	B - P - P
Master Men (35+ & 45+)	6km PS	R - R - R
Master Women (35+ & 45+)	6km PS	R - R - R
Open Rec. (mixed) (30+ & 17+)	3.75 PP	Y - Y - Y
Air rifle category		
Juvenile B/G	3.75km PP	Y - Y - Y
Midget B/G	2.25 PP	P - P - P
Open Rec. (mixed) (30+ & 17+)	3.75km PP	Y - Y - Y
Novice (mixed)	3.75km PP	Y - Y - Y